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## CHANGE IS THE ONLY CONSTANT

You may have noticed some exciting changes at Vision Clinic recently. We've said goodbye to our old big desk and opened up the space to create a more welcoming, open, and inviting environment for everyone. We hope you love the fresh new feel as much as we do!

### ✨ Welcome Tammy to Vision Clinic! ✨

We are delighted to welcome Tammy to our Vision Clinic team. She joins us with over 7 years of experience in optics, bringing a wealth of knowledge and expertise. Tammy is passionate about helping patients find their perfect eyewear and is excited to meet all our wonderful patients over the coming weeks.

Be sure to say hello when you're next in – she looks forward to supporting you with all your optical needs.



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## Are your eyes sandy, gritty, sore, red, dry or watery?

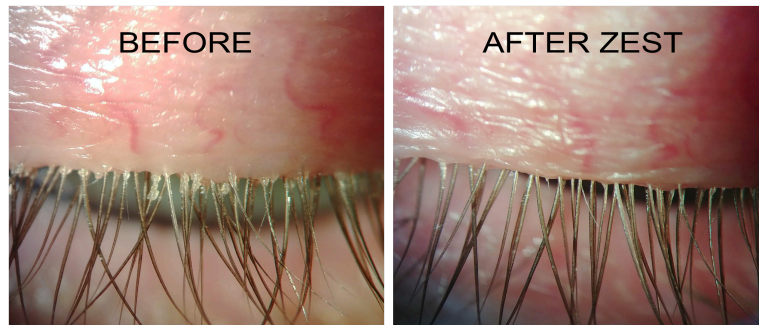
Do you want to change the way your eyes feel - try our in house ZEST treatment.

Do you suffer from blepharitis, MGD related dry eye or “Dandruff” Micro organisms on your eyelashes, **we can help with that!**

- ★ Its like a spa for your eyes
- ★ Lesa applies the okra-based gel to your eyelashes
- ★ The gel is massaged along the eyelid margin and lashes for a few minutes.
- ★ It is then rinsed off thoroughly with sterile saline - leaving your eyes refreshed.

**Benefits:**

- ✓ Quick
- ✓ Gentle, safe and effective.
- ✓ Uses natural okra extract with antimicrobial and cleansing properties
- ✓ Helps improve eyelid hygiene, reduce inflammation, and enhance tear film stability



## Just like your clothes, your glasses deserve an upgrade. Treat yourself to a new style

- ★ New styles and colours added to store - book your styling consultation today
- ★ New Affordably fabulous range in, Frames, Lenses and Coating all for **£109** treat yourself to a second pair.
- ★ Add to your eyewear wardrobe. Different looks for different days
- ★ Our new range of polarised sunglasses is here – goodbye glare hello style



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## **Are your eyes heavy, tired, strained after close work?**

### **LIFE CHANGES- PRESBYOPIA A SIGNIFICANT MILESTONE**

Presbyopia is an age-related condition where your eyes gradually lose the ability to focus on nearby objects.

Approaching middle adulthood can be a daunting prospect for many people. In one study (Bentley et al) examining patient attitudes and beliefs around presbyopia, there was an overwhelming reluctance to the idea of becoming presbyopic. This condition can impact people's lives in various ways.

<b>Emotional Impact</b>	Feeling scared, worried, old, sad, depressed or distressed.
<b>Work Impact</b>	Needing more time to complete tasks
<b>Social Impact</b>	Needing to ask others for help, difficulty recognising faces.
<b>Financial Impact</b>	Cost of correction, sick leave from work, potential loss of employment.

## **TESTIMONIALS**

**“ Best eye test I have ever had. Such attention to detail and staff are the best.**

**Would highly recommend”**

**Michelle McKenzie (Google Review)**

**“I can't recommend this practice highly enough. I only needed a repair this time (one I thought would be impossible!) and they did it immediately and probably improved on the original glasses as well!! Couldn't be happier with the service and they're so nice as well.I will be using it for optical services in the future!**

**Thank you!!!”**

**Paul Atkinson (Google Review)**

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## **Karibu! (Welcome in Swahili)**

**Karibu to all our new clients from the last few months**

T Stephenson - A Prescott - S Prescott - F Zandi - S Hussaini - K McBride -  
P Drummond - K Amlani - D Amlani - C Crowe - B Southern - F Wahid -  
H Cottier - C Robson - V Epure - E Dalziel - R Flaherty - A Lindsay - C Thomson  
- M Khan - P Storey - J Orange - T Mahmood - S Bibi - M McKenzie - D Smith

## **Asante Sana (Thank You so much in Swahili)**

### **Asante Sana to**

R Shah - R Orange - V Newbery - A Malik - H McClery - G Langley - L Bell -  
H Smith - R Kane

Your recommendations of friends and family are greatly appreciated.

We really value having a strong relationship with our customers and this post is our way of being open and showing people what we're like.

Vision Clinic POST is an opportunity to stay in touch. We would love to hear your thoughts, ideas and suggestions on what we do well and how we can do better.

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